



Dr. Waweru Muriithi – Curriculum Vitae

Personal Details

Name: Dr. Waweru Muriithi –Ph.D
Nationality: Kenyan
Current Position: Lecturer – Bomet University College
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EDUCATION

2012 - 2019 : **Egerton University** **Kenya**
Ph.D in Counselling Psychology

Thesis Title: Relationship between Selected Rehabilitation Factors and Development of Recovering Alcoholics Competencies in Central and Nairobi Regions, Kenya

2002 - 2005 : **Egerton University** **Kenya**
M Ed in Guidance & Counselling

Project Title: An Investigation of Selected Factors Related to Burnout among Primary School Teachers: A Case Study of Nakuru Municipality

1993 - 1997 : **University of Nairobi** **Kenya**
B Ed-Arts (2nd Class Honours, Upper division)

1988-1991: **Koelel High School** **Gilgil**
Kenya Certificate of Secondary Education (KCSE)- B-(Minus)

1980-1987: **Freehold Primary School** **Nakuru**
Kenya Certificate of Primary Education (KCPE) -62 out 72 points

APPOINTMENTS & PROMOTIONS

March 2021-to-Present: Lecturer in Guidance and Counselling –School of Education, Bomet University College

Oct 2018-to-March 2021: Deputy Principal –Naivasha High School

2008-to-Sep 2018: Head of Department Guidance and Counselling –Dundori Secondary School

2001-to-2002: Acting Head of Department - Humanities –Poror Secondary School

2003: Completed a three months Counselling Practicum at the Youth Resources Center at Family Planning Clinic, Nakuru

2001: Seminar for Deputy Head Teachers & Heads of Departments – Baringo High School.

1994: Data Collection & Analysis Work in Determination of the Economics of Pyrethrum Growing In Kenya – Pyrethrum Board of Kenya – Nakuru.

UNIVERSITY TEACHING EXPERIENCE

2012- 2016 : Part Time Lecturer: Laikipia University –Naivasha Campus
Department of Public Affairs and Environmental Studies (Courses in Psychology)

2011- to May 2018 : Part Time Lecturer: Africa Nazarene University
Department of Education and Institute of Open and Distance Learning

2004- to 2016 : Part Time Lecturer: Nakuru Extra Mural centre, Department of Extra mural Studies, University of Nairobi (Psychology and Public Relations courses)

2007-2011 Part Time Lecturer : Nakuru Neema ECD Teacher Training College

RESEARCH OUTPUTS

Peer Refereed Journal Papers

Muriithi,W., Ngumi, O. & Mumiukha, C.K. (2019). Relationship between Recovering Alcoholics Characteristics and Development of Competencies in Rehabilitation Facilities in Central and Nairobi Regions. African Journal of Alcohol & Drug Abuse Edition 1-July 2019, ISSN Online: 2664-0066 ISSN Print: 2664-0058, pp.12-22

Muriithi,W., Mumiukha, C.K. & Ngumi, O.(2019). Relationship between Alcoholics Anonymous 12 Steps Facilitation and Development of Competencies in Rehabilitation Facilities in Central and Nairobi Regions. Research on Humanities and Social Sciences ISSN 2224-5766 (Paper) ISSN 2225-0484 (Online) DOI: 10.7176/RHSS Vol.9, No.10, 2019 pp.48-56.

Muriithi,W., Ngumi, O. & Mumiukha, C.K. (2019). Relationship between Recovering Addiction Counsellors Characteristics and Development of Competencies in Rehabilitation Facilities in Central and Nairobi Regions. International Journal of Current Research Vol. 11, Issue, 05, pp.4162-4168, May, 2019. DOI: doi.org/10.24941 ISSN: 0975-833X.

Muriithi W. & Karanja D. (2018). Relationship between Social Support and Level of Burnout among Primary School Teachers in Nakuru Municipality, Kenya. *Journal of Education and Practices*, ISSN 2617-5444 (Online) Vol.1, Iss.1.

Theuri J., Mwangi B.N. & **Muriithi W.** (2017). Influence of Family Stability and Peer Group Pressure Ecological Factors on Risk Taking Behaviour among Secondary School Students in Kajiado North Sub-County, Kajiado County, Kenya. *Journal of Humanities and Social Sciences*, ISSN 2279-0845 (Paper) ISSN 2279-0837 (Online) Vol.22, Iss.11, Ver 7

Theuri J., Mwangi B.N. & **Muriithi W.** (2017). Influence of Societal and Government Policies Ecological Factors on Risk Taking Behaviour among Secondary School Students in Kajiado North Sub-County, Kajiado County, Kenya. *Journal of Humanities and Social Sciences*, ISSN 2279-0845 (Paper) ISSN 2279-0837 (Online) Vol.22, Iss.11, Ver 7

Kinga T.N., Kimani J.M. & **Muriithi W.** (2014). A Comparative Study of Levels of Self Esteem among Students of Single and Dual Parent Families. The Case of Students in Selected Secondary Schools in Nakuru Municipality, Kenya. *Journal of Research on Humanities and Social Sciences*, ISSN 2222-1719 (Paper) ISSN 2222-2863 (Online) Vol.4, No.1, 2014

Muriithi W., Kariuki M.W., Mwenje M & Kinga T.N. (2012). Relationship between Primary School Teacher Characteristics & Level of Burnout: A Case of Nakuru Municipality–Kenya. *Kenya Journal of Guidance, Counselling & Psychology*, 2 (1) 160-165. ISSN 2226-0552

Peer Reviewed Conference Proceedings

ESSRAK 1st Online Research Conference on Advancing Education and Social Sciences Research for Sustainable Development on 28th October, 2020. Presented a paper on *Role of Social and Personal Competencies in Recovery from Alcohol Addiction*.

NACADA-ISSUP International Conference on Drug Demand Reduction 2018 10th – 14th December 2018. Kenyatta International Conference Centre. Presented a paper on Relationship between Recovering Alcoholics' Characteristics and Development of Competencies in Rehabilitation Facilities in Central and Nairobi Regions.

The 1st International Learning Forum at Kabarak University on E-learning in a digital age. Presented a paper on Teaching and Learning in a Distance Learning Programme: The Place of Technology. Co-presenter Mary A.Ooko, 13th -14th October 2016.

Publications /Research work

Gathii, J.K., Wamukuru, D.K., Karanja, D., **Muriithi, W.**, & Maina, K. (2019). Research Methods, Data Analysis & Defences: Building Competences in Education & Social Sciences Research. Nakuru: Education and Social Sciences Research Association of Kenya (ESSRAK). ISBN: 978-9966-134-91-2

Muriithi W. & Kariuki M.W.(2012). Factors Related to Burnout among Primary School Teachers: A Case of Nakuru Municipality–Kenya. LAP Lambert Academic Publishing, Saarbrucken. ISBN 973-3-8454-2982-3

Mwai C.K. , **Muriithi W.** & Njuguna J. (2010). Stigma and Discrimination and high risk behaviour affecting children affected by HIV & AIDS in Kaptembwa and Baharini slums in Nakuru municipality -Baseline Survey Report Commissioned by Love and Hope centre Nakuru

Mwai C.K., **Muriithi W.** & Ngugi L. (2008). The Report of Psychosocial Support provided by Hakimani Counselling Initiative through the sponsorship and technical support of Jesuit Hakimani Center to Internally Displaced Persons in larger Nakuru Districts.

Muriithi W.(2005): An Investigation of Selected Factors Related to Burnout among Primary School Teachers: A Case Study of Nakuru Municipality. Unpublished M.Ed. Project, Egerton University.

Published Teaching Manuals

Kinga, T. N. & **Muriithi W.** (2012). Career Guidance and Counselling. Africa Nazarene University, Nairobi: Kenya

Mbuthia W. & **Muriithi W.** (2007). Module on Guidance and Counselling, *Neema Early Childhood Development and Education Teacher Training College Nakuru*

Trainings/Short courses/Workshops attended

8th – 28th February, 2021: Participated in the Technology for Transformative Pedagogy Online Course Facilitated by the Partnership for Pedagogical Leadership in Africa (PedaL)

2013: Intensive Distance/E-learning workshop by the Institute Open and Distance Learning (IODL) at Africa Nazarene University

2012: Career Masters Worksoop for High school teachers at Egerton University

2007: Civic Education for Schools and Colleges Induction Workshop Facilitated by Daraja Civic Education Initiative, Konrad Adenaeur Stiftung and the Ministry of Education-Jamka Hotel Nakuru

2005: Guidance and Counselling workshop on Improving Academic success in school – Nakuru High School

2005: Markers Training Course in History & Government – Moi Forces Academy Lanet.

2005: Career Masters Seminar on Air Travel and Related studies - Merica Hotel -Nakuru

2001: Seminar for Deputy Head Teachers & Heads of Departments – Baringo High School.

1995: 3 months Course on Micro-Computer Application Packages – Egerton University.

MEMBERSHIPS

2019: Education and Social Sciences Research Association of Kenya - ESSRAK

2018: International Society of Substance Abuse Professionals - ISSUP

Member of Conference Committee organising and coordinating the Education and Social Sciences Research Association of Kenya 1st annual virtual conference on advancing education and social sciences research for sustainable development held on 28th October, 2020.

STUDENTS SUPERVISION OF PROJECTS

Masters Research Projects

Name	Reg. No.	Programme	Title	Remarks
1. Joseph Theuri	15M03EMCP009	MA in Counselling Psychology - Africa Nazarene University	Ecological Factors as Predictors of Risk Taking Behaviour Among Secondary Schools Students in Kajiado North Sub-County, Kajiado County, Kenya	Graduated 2017
2. Bernard Lugh	L50/84940/2016	MA in Project Planning and Management - University of Nairobi	Influence of Community led Total Sanitation Projects Implementation on Health Standards in Nakuru County Kenya; A case of Rongai Sub-County, Nakuru County	Graduated 2017
3. Shitsinzi Ronald	L50/84418/2012	MA in Project Planning and Management - University of Nairobi	Influence of Industrial action on provision of medical services by Nurses in Public Hospital: A case of Rift valley Provincial hospital, Nakuru County	Graduated 2015
4. Millicent Nyambura	L50/61089/2010	MA in Project Planning and Management - University of Nairobi	Influence of Adoption of Information & Communication Technology on Data Management processes in Non-Governmental Organizations in Nakuru County	Graduated 2015

Undergraduate Research Projects

Name	Reg. No.	Programme	Title	Remarks
1. Calisstus Ndongoli	L46/32801/2013	BA in Project Planning and Management - University of Nairobi	Analysis of Factors Influencing Adoption of Public Private Partnership in Infrastructure Project Financing: The Case of Menengai Geothermal Project	Graduated 2016
2. Maureen Achieng Owino	L46/55171/2012	BA in Project Planning and Management - University of Nairobi	An Investigation of the Management Process of solid waste in Nakuru County: A case study of Public and Private companies	Graduated 2015

Referees:

1. Dr. John M. Momanyi:
Dean, School of Education,
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